

## Career Guidance Programme in Some Selected Secondary Schools of Nongmensong Area-Shillong

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**Abstract:** *The council of the European union of ministers' resolution on lifelong learning from 2004, define career guidance as "a series of activities that train individual of any age, at any moment of their lives, to identify their own abilities, competencies and interest, to make decision that affect their education, work, and other areas where they might gain and apply abilities and competencies." One's career choice is a lifelong process. Right career choice can turn the life of a person by great measures. Career guidance program help individuals acquire the knowledge, skills, and experience necessary to identify options, explore alternatives and succeed in society. These programs better prepare individuals for the changing work place of the 21st century. Students are considered as the future of our country, and for a prosperous future, students need correct guidance, especially at an early stage of their academics. The correct guidance by an expert career guidance counselor will help the student to understand and choose their career options as per their knowledge, skills, interest, and capability. The study intends to find out the career awareness of the teachers and students and examine the types of career provided in the Schools. Data were collected from three Secondary School consisted of 36 students and 15 teachers and was analysis using simple statistical analysis. The result revealed both the students and teachers are aware about the career guidance program in secondary schools and also students have different interest in different fields but no proper career guidance program have been conducted because of the problem in appointing those qualified teachers and career masters in the field of career guidance.*

**Keywords:** Abilities and Competencies, Career Guidance, Shillong

### Introduction

To make a career and thus a living is very important in a life. A person needs to be very objective in deciding a career. Career choice made turns the life of a person by a great measure. Career guidance is the counseling given to individuals to help them obtain the information, knowledge, experience and skills necessary to identify career options and limit them down to make a career decision. This decision then results in their financial, social, and emotional well being throughout. It is the process of helping individuals (professionals/college/school students) in making adequate occupational and educational choices and in making career decisions based on the requirements and demands of the future of work. Career guidance helps individuals make a change from the general understanding of work and life to a more specific understanding of the practical and realistic career options that are available to them. The process of career guidance for school students involves assisting them to accomplish their identified career options or obtaining their professional goals. The role of career guidance expert ranges from acting as a counselor to leading the complete course of options.<sup>1</sup> Career guidance program is a comprehensive, developmental program designed to assist individuals in making and implementing informed educational and occupational choices<sup>2</sup>.

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In today's competitive world, it has really become difficult to select the right kind of career which not only suits the student's skill but also allows them to excel in their chosen career. Career guidance helps students to

<sup>1</sup> Career guidance for school students <https://www.merementor.com/career-guidence-for-student>

<sup>2</sup> What is career guidance? <https://www.mindler.com/career-guidance-meaning-benefits-importance>

<sup>3</sup> Resolution of the council on guidance adopted on 28 may 2004 <https://www.cedfop.europe-eu/en/news/resolution-council-guidance-adopted-28-may-2004>

select the right kind of job oriented courses which will help them to take their career in the right direction. Academic career guidance is one of the most important guidance that students need to nurture their future. The decisions of early student life have a major impact on their career, which is not just restricted to their academics but have an impact on their social, financial, and personal life. Students are considered as the future of our country, and for a prosperous future, students need correct guidance, especially at an early stage of their academics. The correct guidance by an expert career guidance counselor will help the student to understand and choose their career options as per their knowledge, skills, interest, and capability.<sup>4</sup>

### Statement of the Problem

Career guidance program is one of the most important programs which help Students choose their career according to their desire goal. It has also become important for schools to provided Career guidance to the students. However most of the Schools do not provide proper career guidance program to the students which lead to poor choices.

### Objectives

1. To find out the awareness of the teachers and students about the need of career guidance program in secondary school.
2. To examine the different types of career guidance program provided in Secondary Schools.
3. To suggest remedial measures for the improvement of career guidance program in Secondary School.

### Methodology

The investigators have used descriptive method in the present study. The census on the population of the students and teachers of three (3) Secondary Schools in Nongmensong area is 120 students and 20 teachers. In the present study, purposive sampling technique was used to select the sample. The sample size consisted of total 36 students and 15 teachers. Constructed Structured questionnaires were used for data collection from both students and the teachers of Secondary Schools. The data were analyzed using simple statistical analysis.

### Findings and Suggestions

Through the study it was found out that both the students and teachers are aware about the career guidance program in secondary schools. There is no proper career guidance program because of the problem in appointing those qualified teachers and career masters in the field of career guidance. However both the students and teachers want to have career guidance program at least once in a year in order to help the students to make right career choice to achieve their goals. It also revealed that students have different interest in different fields therefore they should be provided with proper career guidance so that they will be able to identify the opportunities for future improvement. The school should organize career guidance program and it is also the responsibility of the teachers to make students understand about their career for their benefits which will lead them to have bright future.

### Conclusion

Career guidance program helps students to identify opportunities for future improvement within any area they feel, are missing when they are making their decisions. It also helps students to turn their attitudes and live around, leading to achievements, making themselves stand on their own feet and becoming successful workers and citizens of their communities. Teachers play an important role in providing career guidance to the students. It is their responsibility to help them make right career choice according to their abilities and capabilities and guide them to achieve their goals, which will make them successful in their future.

Therefore, we can say that career guidance is very important aspect in our life. It is important for both students and teachers to be aware on guiding and choosing right career as it will led students life journey a blissful one.

<sup>4</sup> Importance of career guidance <https://www.monsterindia.com/career-advice/importance-of-career-guidance/>

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